# Health and Wellbeing Board Agenda



Date:Wednesday, 13 December 2017Time:2.00 pmVenue:The Writing Room, Floor 1, City Hall, BS1 5TR

## **Distribution:**

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- Bass Lilla

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# Agenda

#### 1. Welcome, Introductions and Safety Information

#### 2. Apologies for Absence and Substitutions

#### 3. Declarations of Interest

To note any declarations of interest from the Councillors. They are asked to indicate the relevant agenda item, the nature of the interest and in particular whether it is a **disclosable pecuniary interest**.

Any declarations of interest made at the meeting which is not on the register of interests should be notified to the Monitoring Officer for inclusion.

#### 4. Public Forum

Up to 30 minutes is allowed for this item.

Any member of the public or Councillor may participate in Public Forum. The detailed arrangements for so doing are set out in the Public Information Sheet at the back of this agenda. Public Forum items should be emailed to <u>democratic.services@bristol.gov.uk</u> and please note that the following deadlines will apply in relation to this meeting:-

Questions - Written questions must be received 3 clear working days prior to the meeting. For this meeting, this means that your question(s) must be received in this office at the latest by 5 pm on Thursday 7<sup>th</sup> December 2017.

Petitions and Statements - Petitions and statements must be received on the working day prior to the meeting. For this meeting this means that your submission must be received in this office at the latest by 12.00 noon on Tuesday 12<sup>th</sup> December 2017.

#### 5. Minutes of Previous Meeting

To agree the minutes of the previous meeting as a correct record.

#### 6. Corporate Parenting Strategy Refresh - Bonnie Curran



#### 7. CAMHS CQC Thematic Review Update - Rebecca Cross

(Pages 21 - 23)



Agenda Item 6



### Bristol Clinical Commissioning Group

#### **Bristol Health & Wellbeing Board**

Corporate Parenting Strategy 2018		
Author, including organisation	Ann James, Head of Service, Permanency and Specialist Services, Bristol City Council	
Date of meeting 13 <sup>th</sup> December 2017		
Report for Decision		

#### 1. Purpose of this Paper

- a) To seek endorsement of the Corporate Parenting Strategy from the Health and Wellbeing Board before the Strategy is considered by Cabinet in January 2018.
- b) To seek agreement for the Health and Wellbeing Board to lead on Priority 7, to Improve health and well-being by providing high quality services and information to children, young people and carers.

#### 2. Executive Summary

Children in care and care leavers are amongst the most disadvantaged children and young people in our society. Bristol's new, draft Corporate Parenting Strategy sets out our Vision, Values, Priorities and actions that will to enable us, as a city, to improve the loves and life chances of improvements for children in care and care leavers.

The draft strategy is attached as Appendix A.

#### 3. Context

Bristol last published its Corporate Parenting Strategy in 2015. It's time to consider progress and refresh our priorities and actions for the future. The Corporate Parenting Strategy sets out how the local authority will work with partners to meet statutory duties and improve outcomes for children in care and care leavers.

#### 4. Main body of the report

In November 2015 Bristol launched the current Corporate Parenting Strategy and Pledge to Children in Care and Care Leavers. The Strategy is designed for Bristol City Council and our partners and the Pledge for children and young people.

The Corporate Parenting Strategy was developed as part of the Council's response to the 2014 Ofsted Inspection of Bristol's services for children in need of help and protection; children looked after and care leavers. It set out our vision as an effective, caring and ambitious corporate parent with 9 objectives and 19 actions outlining how we aimed to improve outcomes for children in care and leavers. Governance arrangements were established with Bristol's Corporate Parenting Panel and Strategic Boards to monitor and support delivery against the strategic objectives.

Progress against the objectives set out in the Corporate Parenting Strategy 2015 are captured on pages 5-7 of the new strategy. It includes reduction in the number and rate of children in care as well as improving outcomes for care leavers, an area where services had previously been judged inadequate. For care leavers, service remodelling has delivered reduced caseloads for leaving care personal advisers enabling improved levels of contact, suitable accommodation and education, employment and training. Particip

strengthened by employing care leaver ambassadors and by working in partnership with Barnardo's to develop a care leaver participation group.

For children in care, long term placement stability has improved, as has the percentage of children placed in foster care compared to other placement types. In 2016 in all these areas, Bristol performed above the national average and above most core cities and statistical neighbours.

In other areas, most notably health assessments and education outcomes for children in care at Key Stage 4, our performance has yet to evidence significant improvement. Appendix B provides a more detailed overview of progress against key performance indicators.

## Setting out the plan to refresh the Corporate Parenting Strategy and Pledge to Children in Care and Care Leavers.

There are three reasons to refresh:

- Whilst there has been significant improvement in some areas, in others challenges remain. We want to re-engage the wider council and partners across the city to build on our strengths, to be ambitious and to do more to make a difference for children in care, care leavers and their carers.
- There have been changes in legislation and national policy, most notably the Children and Social Work Act 2017 has enshrined seven Corporate Parenting Principles in law. It also requires local authorities to publish an offer to care leavers including extending the provision of a leaving care personal adviser and leaving care support to age 25 for all those who want it.
- To hear from children and young people and respond to what they tell us about how we're doing and what's important. We know that over 90% of children and young people are involved in their plans and take part in their reviews and we hear from young people through the Children in Care Council and Care Leavers United group. In 2015 we undertook a survey of all children in care and care leavers to ascertain their views and priorities. What they told us directly informed the current Pledge and Strategy. 18 months on from that we have asked again. Young people's views matter and what they have said has informed our new Strategy and will inform the production of a new Pledge.

#### Governance

Bristol's Corporate Parenting Panel consists of a group of cross-party elected members, officers and other partners and has responsibility for ensuring that the City Council effectively discharges its role as corporate parent. In recognition of the cross-cutting nature of the council and city's role as corporate parent and to strengthen the city's leadership in delivering improved outcomes for children in care and care leavers, the following multiagency boards will take responsibility for ensuring that the relevant Corporate Parenting Strategy priorities will be achieved:

Board	Area of Responsibility	Strategic Priorities
Children and Families Partnership Board	Early Help	<b>Priority 1</b> - Families receive the help they need when they need it (right response, right assessment, right help, right time).
Safeguarding Children Board	Safeguarding	<ul> <li>Priority 2 - Children are supported to live safely within their families or with people who know them best. When this is not possible, children move to a permanent family or care placement without delay.</li> <li>Priority 3 - Children and young people tell us what's important to them and this influences what we do and the way we design and develop our services.</li> </ul>

		<b>Priority 4 -</b> Being in care is an enriching experience that equips children for a successful life.
		<b>Priority 5 -</b> Deliver good quality care placements and move on accommodation for care leavers locally.
Learning City Board	Education, training and employment	<b>Priority 6 -</b> Hold high aspirations and close the attainment gap for children in care and increase the percentage of care leavers in education, training and education.
Health and Wellbeing Board	Health	<b>Priority 7 -</b> Improve health and well-being by providing high quality services and information to children, young people and carers.

#### Pledge to Children in Care and Care Leavers

Using feedback from recent consultations and data from the Pledge survey 2017, Bristol will revise its existing Pledge to Children in Care and publish its Local Offer to Care Leavers as required by the Children and Social Work Act 2017. The Pledge and Local Offer to Care Leavers will set out how Bristol will deliver on its strategy.

#### 5. Key risks and Opportunities

#### 6. Implications (Financial and Legal if appropriate)

The Children and Social Work Act 2017 (the Act) is intended to improve support for looked after children and care leavers, promote the welfare and safeguarding of children, and make provisions about the regulation of social workers. The Act sets out corporate parenting principles for the council as a whole to be the best parent it can be to children in its care. The Act requires local authorities to publish their support offer to care leavers and to promote the educational attainment of children who have been adopted or placed in other long term arrangements.

#### 7. Evidence informing this report.

The JSNA Steering Group has led the development of the JSNA Chapter for Children in Care and Care Leavers. A range of partners have been involved in informing and validating this needs assessment through a multi-agency focus group and the Joint Health Outcomes Challenge Group of the Children and Families Partnership Board. This Chapter is now pending sign off from the JSNA Steering Group.

The data and evidence within the JSNA has informed the priorities and actions outlined in the strategy.

Local performance management data has also been used to develop an understanding of the issues and to help determine the actions required.

The Strategy has also been subject to wide ranging consultation with members, partner agencies, third sector partners, children and young people and council officers, via the following:

- Corporate Parenting Panel
- Children and Families Partnership Board
- Learning City Learning in Education Challenge Group
- Bristol Safeguarding Children Board
- Bristol Homes Board, Early Intervention and Preventing Homelessness Challenge Group
- Primary and Secondary School Heads forums
- Special School Heads Group
- Children in Care Health Strategy Group
- Voscur Children and Young People's Network
- Bristol City Council 'Management Brief'
- SLT and Exec Board

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- Avonside Foster Care Association

Direct work with Children and Young People

- Care Leavers United Bristol
- Children in Care Council
- Pledge Survey: Online and printable questionnaire open to all children in care and care leavers

#### 8. Recommendations

- Consider and agree the priorities and actions as set out in the draft Corporate Parenting Strategy 2018 (Appendix A)
- Note the progress on the delivery of Bristol's Corporate Parenting Strategy 2015
- Health and Wellbeing Board agree to lead on Priority 7, to improve health and well-being by providing high quality services and information to children, young people and carers.

#### 9. Appendices

Appendix A: Draft Corporate Parenting Strategy 2018v9

#### Style

Title: Arial 16 Bold Headings: Arial bold (no underlining, minimum 14 point) Body text: Arial (minimum 12 point) Use 'open punctuation' eg. NHS and not N.H.S.

The first time an acronym is used, put its meaning in full eg Clinical Commissioning Group (CCG) The abbreviation for the Health and Wellbeing Board is HWB

## Bristol Corporate Parenting Strategy

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#### Foreword

To be drafted from the Mayor following SLT – underline that it's a city commitment not just council commitment

#### Introduction

Corporate Parenting is the term used to describe our collective responsibility to ensure the best outcomes for children in the care of Bristol City Council, and those young people who have left our care. Children in care and care leavers are amongst the most vulnerable children and young people in our city. As corporate parents, it is our role to ensure that they are safe, happy, and given every opportunity to achieve their full potential.

In 2017 the Children and Social Work Act introduced a set of Corporate Parenting Principles for children in care and care leavers up to the age of 25 years. For the first time, it enshrined our collective responsibilities in a duty to:

- Act in the best interests, and promote the physical and mental health and well-being, of children in care and care leavers;
- Encourage those children and young people to express their views, wishes and feelings;
- Take into account the views, wishes and feelings of those children and young people;
- Help those children and young people gain access to, and make best use of, services provided by the local authority and its relevant partners;
- Promote high aspirations, and seek to secure the best outcomes for those children and young people;
- Be safe, have stability in their home lives, relationships and education or work;
- Prepare those children and young people for adulthood and independent living

This strategy describes our city approach to delivering on those Corporate Parenting Principles to improve the lives of the children in and leaving our care. It outlines our vision and objectives, reports on some of our recent achievements and developments and sets out how we intend to achieve our goals. We will also outline the context in which this strategy sits, and the governance structure in place to ensure that our vision is achieved.

This strategy sits alongside our Pledge to children in care and care leavers which outlines our commitments to them, and the support they can expect from us.

#### **Our Vision**

Bristol is committed to being an effective, caring, and ambitious corporate parent. Children and young people are at the heart of everything we do and we will do everything we can to make sure that children in our care and care leavers are set up for life.

We will care about children in care and care leavers and not just for them and will ensure the same standard of care as any good parent. This means we have high aspirations for our children and will be strong advocates for them. We will do everything we can to equip the children and young people in our care and care leavers with the skills needed to live a fulfilling, successful, and rewarding life.

This strategy is part of a broad range of activity which supports our shared aim to improve provision for children in care and care leavers including:

- A Pledge to Children in Care and Care leavers, informed by the views of our children and young people
- Corporate Parenting Panel chaired by the Cabinet Member for Children and Young People
- An active Children in Care Council and Care Leaver Forum to ensure that the voices of young people remain central to our work
- A Corporate Parenting annual report that is owned by Corporate Parenting Panel and presented to full council
- The HOPE Virtual School working with schools, colleges, other providers of education and training and children's social care to improve educational outcomes for children in care and care leavers
- A <u>Placement Sufficiency Plan</u> that sets out how we will deliver the range and number of high quality placements needed by children in care and care leavers
- A Youth Housing Plan that includes a new Youth MAPS Service dedicated to preventing homelessness and supporting the provision of a range of suitable accommodation and support options for young people leaving their foster care or children's home placement
- A commitment to ensuring that corporate parenting responsibilities are embedded in all applicable policies, strategies and commissioning arrangements
- Delivery of Bristol's Strategy for Children, Young People and Families 2016 2020
- This strategy is supported by the Council's overarching <u>Corporate Strategy 2018-23</u>, in particular, 'Wellbeing' and 'Empowering and Caring' themes and the key commitment to be 'great corporate parents and safeguard children and vulnerable adults, protecting them from exploitation or harm'.

#### Messages from Bristol's children in care

We asked children and young people in care what is important to them, they told us:

- We need the services we appreciate to continue.
- We want flexibility in where we have health assessments and quick access to a range of different therapies when we are ready.
- We'd like better access to gym facilities and to be able to have hobbies that interest us
- We want a social worker we like who doesn't keep changing, and we want to get to know each other.
- We need you to look out for us as you would your own children. We need you to prioritise our education and help us with our homework
- As we get older, we need you to support us to access good work experience placements and help us into work and training so that we are ready to start living independently when the time is right
- Our foster carers are really important to us. We'd like to know more about them before moving in with them. We'd like them to encourage us to stay in care, and support us when we move
- We need you to recognise our achievements and celebrate them.



- We like it when you listen to us, when you talk to us and ask us what we think
- As our parents, we need your support, protection, and encouragement. We need you to be our champions and do everything possible to ensure we achieve as much as we can

#### **Our Corporate Parenting Values**

Bristol is committed to working in line with the following values:

The voice of children and young people will be at the heart of service development, policy, practice, and the democratic decision making process

The responsibility for ensuring that children in care and care leavers achieve good outcomes lies across the whole of Bristol City Council, as well as with partners

Wherever safe and possible, children and young people should live with their family. We will ensure that the children in our care are only those who *need* to be in care

Prevention and early intervention is a central element of our support for children and families to give them every opportunity to stay together

Where care becomes necessary, we will explore options for living with wider family and friends networks wherever possible

We will always strive to provide the best quality placement possible, that meets each child's needs and offers placement stability

Children in care have the right to access the best education possible and the support they need to meet their full potential

We will champion and support young people as they leave our care and start to live independently, doing everything we can to make sure they are set up for life

#### Context

At a glance:	I	
	2015	2017
Number of Children in care:	700	685
Rate of Care:	76 per 10,000 children	73 per 10,000
Number of children in care living with foster families:	587	550
Number of children in care living outside the local authority area:	251	291
Number of care leavers:	307	445*

\*definition has changed, would be 339 on 2015 definition.

Our Joint Strategic Needs Assessment includes a Chapter on Children in Care and Care Leavers which provides a detailed assessment of the current needs of our children in care and care leavers.

#### **Financial**

As a city, we must be ambitious for children in care and care leavers; we must do our best to equip children and young people for life with the long term aim of reducing the overrepresentation and on-going costs of supporting care leavers in vulnerable adult populations.

Commissioning services over the next few years of this plan will be exceptionally challenging, given the continued downward pressure on public finances. Nevertheless, Bristol City Council and partners are collectively committing to maintain strong and effective provision, and improve outcomes for the most vulnerable children in the city, while at the same time managing the effect of reducing public finances.

#### How are we doing?

Progress against the 9 Corporate Parenting Objectives we set out in 2015.

Strategic Objectives	What's working well	The challenges that remain
	NB 2016 figures	

Objective 1 - Support more	By applying our threshold	Referrals to children's social care
children to live safely with their	guidance, investing in early help,	are high, partners need to work
family and reduce the need to be	remodelling children's social care	together to ensure that children's
cared for by intervening early	services and implementing Signs	needs are assessed and met at
	Of Safety© (an approach to	the earliest point of intervention.
	supporting children in families	
	which focuses on the strengths of	Bristol has more 16-17 year olds
	the family) our rate of children in	entrants to care than the national
	care per 10,000 children has	average. We must focus on
	fallen from 76 in 2015 to 73 in	supporting teenagers to live
	2016.	safely and successfully within
		their family.
	This places Bristol 9 <sup>th</sup> lowest of 11	
	in our statistical neighbour group	
	and 6 <sup>th</sup> lowest of the 8 core cities.	
	It includes the increase in	
	unaccompanied asylum seeking	
	children who need our care and	
	who now account for 6% of	
	children in care in Bristol.	
Objective 2 - If children cannot	The percentage of children	Build upon our approaches to
remain in their parents' care, look	looked after by family members	supporting families to care.
to their extended family for	or other people to whom they	Value families that care for
support first	were connected grew by 4%	children, whether through
	between 2015 and 2016.	fostering, special guardianship or
		adoption.
Objective 3 – Ensure that children	Quality assurance, audit and	Reduce the rate of children that
receive the right services and only	independent reviews of children	return to our care by delivering
remain in care for as long as they	in care evidence this for the	an effective edge of care service.
need to. Make sure that this is	majority of our children. All	_
informed by an assessment and	children in care and care leavers	
plan which they and their family	have a care or pathway plan	
understand and which they have	setting out the aim of care and	
been able to contribute to	plans for the future.	
Objective 4 - Ensure that being in	Children in care and care leavers	Children, young people and their
care is an enriching experience	have accessed a range of	carers ask us to develop the
for children and that we equip	universal and targeted services as	'Bristol offer'; to help them with
them for a successful and fulfilling	well as specific opportunities	the cost of travel in the City, to
future	provided by Bristol's Virtual	enable them to access the gym
	School, Children in Care Council	and take part in other activities
	and Children's Social Care. We	that our museums, libraries,
	have celebrated the success of	sports and community centres
	our care leavers at an annual	have to offer.
	event.	

Objective 5 - Ensure enough good quality placements for children by recruiting, retaining and commissioning sufficient foster carers to offer children placement choice, to keep children placed locally and to achieve high levels of placement stability	Bristol City Council gained Fostering Network's accreditation as a Fostering Friendly Employer in 2016, offering flexible and supportive conditions to foster carers in its employ. In 2016, 82% of children in our care were placed in a foster family, 7% more than the national average and 2% more than in 2015. Long term placement stability is a key indicator for the achievement of good outcomes, was above the national average in 2016 with 72.4% of children in the same placement for 2 of the past two and a half years. This was an improvement on the 2015 position for Bristol and nationally of 68%. Additionally, a higher percentage of young people continue to live with their former carer under Staying Put arrangements beyond	When children need our care, we want to enable children to live in or near to Bristol and to reduce the number of moves experienced by children in the previous twelve months. This helps children to feel safe and to remain connected to family and friends, to stay at the school they attended before entering care and to continue with hobbies and activities. To do this, we must encourage and value Bristol foster carers, doing all that we can to ensure Bristol is a fostering friendly city, with employers, businesses and partners all playing their part.
Objective 6 - Ensure that all young people are in safe and secure accommodation by offering appropriate accommodation to 16-18 year olds who meet the threshold for care	the age. In 2016 91% of care leavers aged 19-21 were recorded as living in suitable accommodation. This was above the national average, placed us second amongst statistical neighbours and highest of the core cities.	Young people tell us that when they are moving on they feel rushed and have limited or no choice. This means that sometimes they feel isolated and unsafe in their new accommodation. We are working to develop a more planned approach to moving on, that offers young people greater choice and control.

Objective 7 - Close the attainment	Outcomes for Children in Care	Fixed term exclusions and
gap for children in care by	have improved over all at Key	authorised absences remain too
ensuring that they receive good	Stage 4 with particular gains	high and attainment too low. We
quality education and that we	made in the number of CiC	must work together to ensure
support them to have high	achieving a good GCSE pass in	schools are equipped to deliver
aspirations	Maths (22%). The Virtual School	the best education and that
	predicts further improvement	children in care and care leavers
	2017 exam results in terms of 5	can attend and achieve.
	good passes at GCSE with English	
	and Maths.	
	There have also been	
	improvements in outcomes for	
	the children in Early Years and	
	Foundation Stage with 66%	
	predicted to attain a good level of	
	development this year.	
Objective 8 - Improve outcomes	56% of care leavers were	Performance is below that of
for children in care and care	recorded as being in education,	peers for our 19-21 year old care
leavers, including increasing the	employment or training in 2016.	leavers. As partners we must
percentage of care leavers in	This was a significant	continue to champion our young
education, employment and	improvement on 2015, was 7%	people with colleges, training
training	above the national average,	providers and employers, helping
5	second amongst statistical	them to continue to offer
	neighbours and highest of core	opportunities that take advantage
	cities.	of the talents our young people.
Objective 9 – Improve the health	An audit of the health of children	Fewer children had a looked after
and wellbeing of children in care	in care shows that our children's	health assessment, dental check
and care leavers, and provide	physical health is good.	or completed strengths and
services of a high standard to		difficulties questionnaire in 2015-
support their needs	Investment in emotional and	16 than in 2014-15.
	mental health services, together	
	with an NHS England Personal	Health and Children's Social Care
	Budget pilot aims to improve	are taking action jointly to
	emotional and mental health	improve outcomes.
	outcomes for children in care and	
	care leavers.	
		I]

#### **Our Priorities**

In order to achieve our vision to be a good corporate parent, we have developed the following 7 priorities.

- Families receive the help they need when they need it (right response, right assessment, right help, right time).
   Children are supported to live safely within their families or with people who know them best. When this is not possible, children move to a permanent family or care placement without delay.
- 3. Children and young people tell us what's important to them and this influences what we do and the way we design and develop our services.
- 4. Being in care is an enriching experience that equips children for a successful life.
- 5. Deliver good quality care placements and move on accommodation for care leavers.
- 6. Hold high aspirations and close the attainment gap for children in care and increase the percentage of care leavers in education, training and employment.
- 7. Improve health and well-being by providing high quality services and information to children, young people and carers.

These priorities will help us deliver in each of the outcome areas set out in the Children, Young People and Families' Strategy:

Outcome	Priority
Safe and Nurtured	2, 5
Healthy and Active	4, 7
Respected and Involved	1, 3
Responsible and Achieving	6

## Priority 1 - Families receive the help they need when they need it (Right Child, Right Service, Right Time, Right Place).

It is always preferable to provide the necessary support to families to allow children to remain living with their own family than to seek to move them away into care.

Early intervention is key to providing effective support to children and their families, and preventing the need for care. This requires a 'whole-system' response, with everyone playing their part in supporting families to meet the needs of their children.

Action: We will strengthen our offer to families by:

- ensuring that early intervention and targeted support across the City is joined up and delivers good outcomes for all children and families, to prevent the need for care
- developing our preventative services for children on the Edge of Care



- reducing social work caseloads thereby enabling social workers to do purposeful work
- developing an exit from care team to support birth families who, with help, can reunify and care for their own children

#### Priority 2 - Children are supported to live safely within their families or with people who know them best. When this is not possible, children move to a permanent family or care placement without delay.

All children need a permanent family arrangement wherever possible, provided in a timely way. When children enter care, we will be focussed on determining the right plan for either their return home, or for their exit from care to a permanent family arrangement.

Having a clear and accessible care plan or pathway plan, influenced by the child or young person's wishes and feelings, is crucial to ensuring individual needs are met and that leaving care happens at a time that's right for them.

Action: Ensure that every child at risk of entering care has a family network meeting. Where it is necessary for a child to become cared for, we will always explore opportunities for the child to remain with their extended family members or people connected to them.

Action: Assess, plan for and review the needs of every child in care and every care leaver and ensure that a permanency plan is developed for all children and young people in our care within 4 months of them coming into care.

Action: Quality assure care plans and pathway plans to ensure that they are accessible and have been developed with children, young people and where appropriate, their family.

## Priority 3 - Children and young people tell us what's important to them and this influences what we do and the way we design and develop our services.

It is important that we listen to children and young people in our care, but more than that we have a duty to consider their views and to respond by letting children and young people know how their views have helped us shape our services and develop our city.

Children and young people can tell us how we are doing and what's important to them. They can also highlight areas where small changes can make the biggest difference.

Action: Develop a participation strategy for children in care and care leavers that takes their views into account at every level and builds upon the work of our Children in Care Council and Care Leavers United Bristol (CLUB) group.

**Action:** Involve children and young people their Child in Care and Pathway Plan Review, in staff appointments, in the design, development and commissioning of services as well as in assessing the quality of the service they receive.

Action: In response to children and young people's views we will design our new Pledge and local offer to children in care and care leavers and will ensure young people contribute to our Corporate Parenting Panel.

**Priority 4** - Being in care is an enriching experience that equips children for a successful life.

All children should have access to opportunities to play, socialise, exercise, and learn. Children in care are no different, we will ensure that children in care in Bristol can access cultural, faith based, leisure and social activities and that we encourage them to take part in activities in our communities. Children in care and care leavers are an important part of the city of Bristol and must have equal opportunities to learn, play and grow.

Action: All Partners will work together to deliver a children in care and care leaver EPIC card that will give access to cultural, sports and leisure opportunities for our children and young people.

**Action:** We will support care leavers into adulthood by extending our offer to 25 and expanding opportunities to prepare for adulthood through our ASDAN accredited Living Independently Short Course and through extending our staying put, staying close programmes.

**Action:** We will bring forward proposals to support care leavers by alleviating the burden of Council Tax when our young people first leave care.

Action: We will champion our children and young people and celebrate their achievements together.

Priority 5 - Deliver good quality care placements and move on accommodation for care leavers locally.

We need to ensure that we can access a range of high quality care placements to meet the needs of children coming into care. In order to offer children stability and the opportunity to maintain relationships with family and friends we need to be able to place the majority of children in well-matched foster families within twenty miles of their home postcode.

We will proactively recruit foster carers who can accommodate specific children such as brothers and sisters, children with disabilities, and older children.

Action: We will develop as a fostering friendly city where foster carers are the city's VIPs and will publish a city commitment to our foster carers, asking businesses and other organisations to join us in supporting families that foster.

Action: We will actively promote fostering and consider the needs foster carers in policy making across the city.

Action: We will ensure that training, placement and financial support for foster carers helps attract and retain this skilled group.

**Action:** We will deliver a range of supported and other accommodation for care leavers through the new Youth MAPS service. We will plan with young people for the time they are ready to move into independence and will offer choice, such as the option to stay close<sup>1</sup> when we can.

**Priority 6** - Hold high aspirations and close the attainment gap for children in care and increase the percentage of care leavers in education, training and employment.

In order for children and young people to achieve good outcomes we must ensure that they receive the best education possible. We will choose good or outstanding schools for our children and young people and will aim to minimise any disruption to children's education when they enter care or move placement.

As young people progress, we will provide good quality work experience placements that help young people make choices about their future career path. We will support our young people to progress in further and higher education and into employment through apprenticeships and traineeships.

Action: We will be aspirational for our children and young people and will work with schools to reduce absence and ensure that Personal Education Plans and Pupil Premium supports attainment.

**Action:** The HOPE Virtual School and the Learning City 'Learning in Education Challenge Group' will champion children in care and care leavers. Together, they will challenge our schools, education and training providers and employers to deliver the highest quality education and training opportunities.

Action: We will keep children and young people's views central to their education and career plans and will monitor the impact of our actions on closing the attainment gap between our children and young people and their peers

**Priority 7** - Improve health and well-being by providing high quality services and information to children, young people and carers.

Children in Care often have greater health needs than their peers and may have difficulties accessing health care. The health of children is overseen by Community Paediatricians and the Designated Nurse for Looked After Children. They ensure that all children and young people have a holistic assessment of their health needs and an action plan setting out how these will be met, including dental care and emotional health and wellbeing.

Care Leavers are provided with a Health Passport so that they have the information they need to continue to look after their health as they enter adulthood.

There is a dedicated Child and Adolescent Mental Health Service for children in care and, as young people leave care, there is additional support available aimed at promoting good mental health at this crucial time in a young person's life.

Action: We will improve the timeliness of health assessments and ensure that health care action plans are shared with carers, children and young people and other professionals involved in their care as appropriate.

<sup>&</sup>lt;sup>1</sup> Bristol is a Staying Close Pilot Authority, offering young people leaving children's homes the opportunity to live nearby with support from the children's home staff team.

Action: We will pilot the use of personal budgets to support emotional and mental health

Action: We will implement the recommendations of CQC thematic review 2017 into children and young people's mental health.

**Action:** Review the quality of health passports with care leavers and implement their recommendations for improvement.

We will

Add in a governance diagram



**NHS** Bristol Clinical Commissioning Group

## Bristol Health & Wellbeing Board

## Children and Young People's Mental Health Services CQC Thematic Review

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organisation	BNSSG CCG	
Date of meeting	13/12/17	
Report for Information		

#### 1. Purpose of this Paper

To brief Health and Wellbeing Board on outcome of CQC Thematic Review of children and young people's mental health services.

#### 2. Executive Summary

Formal CQC Thematic Review response was brief as in 4.

#### 3. Context

In January 2017 the Prime Minister announced that there would be a thematic review, led by the CQC with input from Ofsted, looking at mental health services for children and young people across the country to find out what is working and what is not.

Bristol was one of ten areas chosen, the findings of which will feed into a new Green Paper on children and young people's mental health, expected later this year. The central question for the review is as follows:

"How can we ensure that all partners make their unique contribution and work together so that children and young people, and their families and carers, have access to high quality mental health care?"

#### Policy Background

Whole System Transformation of Emotional Health & Wellbeing Support Future in Mind (2015) sets out the vision for a five-year transformation programme for children and young people's emotional health. The focus for transformation is whole-system, emphasising our joint responsibility to support positive mental health:

https://www.gov.uk/government/publications/improving-mental-healthservices-for-young-people

#### National Transformation Priorities

In 2015-16, all NHS Clinical Commissioning Groups (CCGs) in England were required to produce a five-year Transformation Plan in relation to children and young people's emotional health & wellbeing. The Bristol Plan, produced in association with key stakeholders, was assured by NHS England and funding released to support Transformation. The initial national focus for Transformation was to improve Eating Disorders and Crisis Outreach provision.

#### **Local Transformation Priorities**

As well as the national priorities outlined above, Bristol identified local priorities. In the last two years, commissioning has been undertaken to increase capacity and capability across the wider system, increasing our collective ability to spot the early signs of poor mental health and intervene early.

### 4. Main body of the report

#### Feedback letter stated:

There was a clear vision for children and young people's mental health services across partners. There was an aspiration to be innovative joined up and person centred in the approach and delivery of care and treatment.

The shared vision was across health, social care, education and third sector. This included system leaders such as the mayor. Staff within services were also adopting the vision.

When children and young people were able to access services they report a very high degree of satisfaction with the quality of care, services, involvement and treatment that they received.

However, children and young people told us they sometimes felt unable to access the care they needed in a timely manner or close to home. They also said that there could be too high a threshold for receiving specialised support.

Despite strong communication between individuals who head up and run differing services across the sector, services sometimes felt fragmented from each other with difficulties in communication. There were not ALWAYS clear pathways for early intervention before children and young people accessed specialist CAMHS.

#### 5. Key risks and Opportunities

There is an opportunity to reflect on the feedback and take action to improve.

#### 6. Implications (Financial and Legal if appropriate)

Some aspects identified require changes to provision that requires investment. A business case relating to securing this year's Emotional Health Transformation funding is in the Bristol, North Somerset and South Gloucestershire Clinical Commissioning Group process.

### 7.

**Evidence informing this report.** CQC Thematic Review feedback letter.

#### 9. Recommendations

Health and Wellbeing Board to note CQC Thematic Review feedback that will be reviewed and plans will be made to address identified issues.